DISHES AND THEIR ALLERGEN CONTENT – THE CLUB HOUSE: BREAKFAST

DISHES					D.	Lupin	Milk		MUSTARD			SSAM		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
FULL ENGLISH		✓		√			✓							
CRAB ON TOAST		✓	✓	√			√							
SMOKED SALMON		√		√	√		√							
KIPPERS		✓			✓									
VEGGIE BREAKFAST	√	√		√			√							
AVOCADO ON TOAST		√		√			√							
SMOOTHIE BOWL		✓					✓			✓	✓			
FRENCH TOAST		√		√			✓							
BREAKFAST CIABATTAS		√					√							

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DISHES AND THEIR ALLERGEN CONTENT - THE CLUB HOUSE: SMALL PLATES/ NIBBLES

DISHES						upin Flour	Milk		MUSTARD			SSAM OK		Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CORN RIBS	√													
POPCORN COCKLES		√	√		√			√						
SAMPHIRE BHAJIS		√												
HAM HOCK														
FENNEL SALAMI	√	√												
SCALLOPS		√					√	√						
SEAFOOD CHOWDER		√			√		√							√
CHICKEN CAESAR		√			√		√							
SHELL ON CREVETTES			√	√	√			√						
OYSTERS			✓		✓			✓						

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DISHES AND THEIR ALLERGEN CONTENT - THE CLUB HOUSE: MAINS - SEAFOOD AND MEAT

DISHES					D.	Lupin Flour	Milk		MUSTARD			SSAMO	18	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CRAB LINGUINI		√	✓	√	√		√	√						✓
MUSSELS					✓		✓	✓						
HAKE AND CHIPS		√		√	✓									
LOBSTER			✓	√			✓							
FISH OF THE DAY					√		√							
CALAMARI		√			√									
PORK BELLY				√					✓					
SIRLOIN							✓		✓					✓

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DISHES AND THEIR ALLERGEN CONTENT - THE CLUB HOUSE: MAINS - PLANT AND SANDWICHES

DISHES						Lupin Flour	Milk		MUSTARD					Seer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk Dairy	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
CLUB HOUSE SANDWICH		√		√					√					
CRAB SANDWICH		√	√	√					√					
CAULIFLOWER										✓				
VEGAN FISH AND CHIPS		√												

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